



Main table containing school lunch menus for November, organized by date (曜日) and week (日曜). Each entry includes a 'こんだてめい' (menu name), '栄養価' (nutritional value), and '栄養価' (nutritional value) for elementary and middle school students. Menus feature various dishes like rice, soups, and side dishes, often with seasonal or local product themes like '地産地消' (local production, local consumption).

Advertisement for '地産地消今治ブランド週間' (Local Production, Local Consumption Imabari Brand Week). The text promotes eating local food from Imabari and lists participating products like mushrooms and citrus. It includes a banner: '今治を食べよう! 地産地消今治ブランド週間が始まります!' and a list of products: 「えのきだけ」「しいたけ」「しめじ」「まいたけ」「エリンギ」など.

Summary table for monthly average nutritional intake. Columns include 'エネルギー(kcal)' (Energy) and 'たんぱく質(g)' (Protein) for elementary and middle school students. Values are provided for both groups.

※ 材料の都合により、献立を変更することがあります。

※ ○印はスプーンをつく日です。